

Know *the* signs

#1
Friends and
whānau first

Ghosting friends and family to play pokies? *That's a sign.*

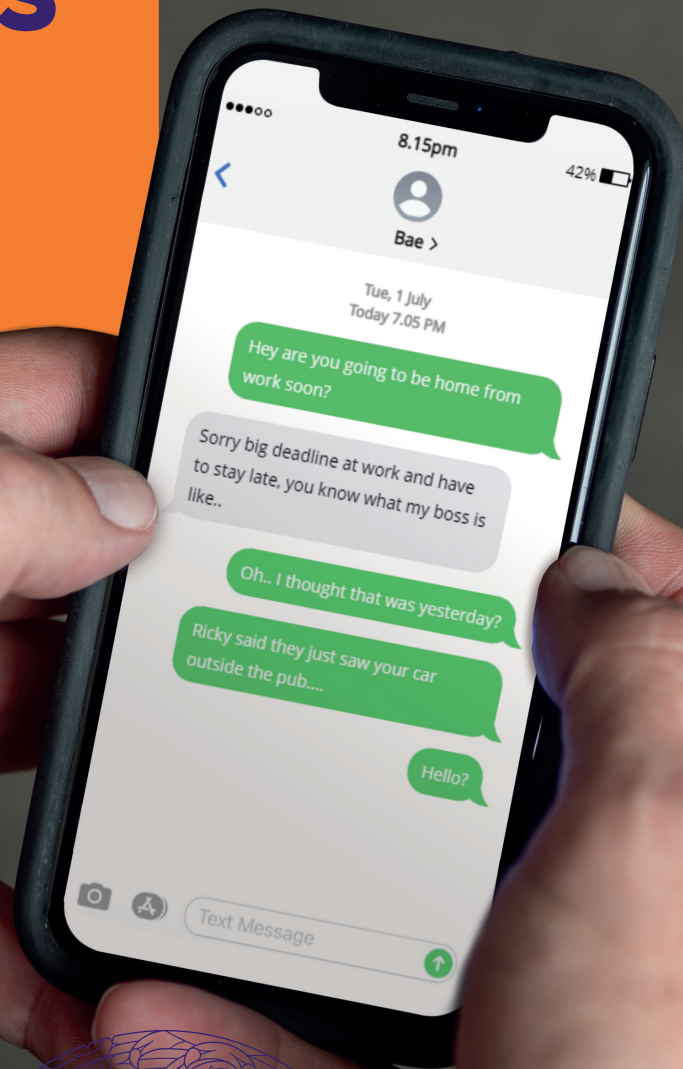
Watch out for the warning signs



Te Whatu Ora
Health New Zealand

Know the signs

#1
Friends and
whānau first



Ghosting friends and family
to play pokies? *That's a sign.*

Watch out for the warning signs

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Know *the* signs

#2

Staying true
to your values

**Feeding the pokies
before feeding
the family?**
That's a sign.

Watch out for the warning signs



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Know the signs

#2
Staying true
to your values



Feeding the pokies before feeding
the family? *That's a sign.*



Watch out for the warning signs

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Know *the* signs

#3
Friends
help friends

**Know someone
who's spending too
much on the pokies?
That's a sign. Tell them
to give it a rest.**

Watch out for the warning signs



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Know the signs

#3
Friends
help friends



Know someone who's spending too much on the pokies? *That's a sign.* Tell them to give it a rest.



Watch out for the warning signs

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Know *the* signs

4

Spending more
than your limit

**Feeling bad
about spending
too much?**
That's a sign.

Watch out for the warning signs



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Know *the* signs

4
Spending more
than your limit



Feeling bad about spending
too much? *That's a sign.*



Watch out for the warning signs

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Know *the* signs

#5
Do the
right thing

Borrowing money from your cuzzies to play pokies? *That's a sign.*

Watch out for the warning signs



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Health New Zealand

Know the signs

#5
Do the
right thing



**Borrowing money from
your cuzzies to play pokies?
*That's a sign.***

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